

Cornish Marathon - 2023

Overall Results

Pla	Bib	Name	AG	Club	GunTime	ChipTi	ChipTime
Cornish Marathon - 2023							
1	457	Tom Morton	Male Under 35	Mile High	2:44:29	2:44:28	
2	379	Simon Morse	Male 35-39	East Cornwall Harriers	2:49:01	2:49:00	2:55:44
3	302	Steve Reynolds	Male 35-39	Truro Running Club	2:49:35	2:49:35	2:44:59
4	486	Neil Hutchison	Male 35-39	Worthing & District Harriers	2:51:08	2:51:07	
5	478	Ryan Liquorish	Male Under 35		2:55:35	2:55:33	
6	60	Jacob Gardner	Male Under 35	Hayle Runners	2:57:27	2:57:25	
7	348	Alex Marples	Male 45-49	Truro Running Club	2:58:06	2:58:05	2:54:07
8	258	Neil Hayhurst	Male 40-44	Hayle Runners	2:59:39	2:59:37	2:53:18
9	231	Bradley Parsons	Male Under 35	St Austell Running Club	3:02:39	3:02:36	3:29:40
10	397	Oliver Jones	Male 50-54	East Cornwall Harriers	3:07:06	3:06:58	
11	167	Stephen Fuller	Male 55-59	Hayle Runners	3:07:35	3:07:31	3:09:09
12	138	James Cutlan	Male 35-39	Cornwall AC	3:08:23	3:08:21	
13	264	Joseph Thomson	Male 35-39	Launceston Road Runners	3:10:07	3:10:01	3:53:25
14	278	Darren Evans	Male 40-44	Launceston Road Runners	3:13:11	3:13:08	
15	369	Wayne Sara	Male 40-44	Falmouth Running Club	3:13:46	3:13:34	
16	367	John Hatchell	Male 45-49		3:15:18	3:15:09	
17	270	Callum Pinch	Male Under 35	Truro Running Club	3:16:24	3:16:22	3:37:50
18	237	Lee Herbert	Male 45-49	Plymouth Musketeers Running	3:16:39	3:16:34	
19	452	Rick Nicholls	Male Under 35	Bodmin Road Runners	3:17:44	3:17:42	
20	164	Callum Waldie	Male Under 35	Truro Running Club	3:18:40	3:18:37	
21	442	Tim van Berkel	Male 35-39	Truro Running Club	3:20:31	3:20:26	3:28:42
22	181	Josh Tiffin	Male Under 35	Rugby & Northampton AC	3:20:35	3:20:30	
23	363	Logan Jory	Male Under 35		3:21:41	3:21:35	
24	162	Tom Packer	Male 40-44	Exmouth Harriers	3:21:50	3:21:47	
25	321	Robert Smith	Male Under 35		3:23:27	3:23:26	
26	188	Matt Fox	Male Under 35	Falmouth Running Club	3:23:33	3:23:23	3:49:09
27	80	Darrin Porter	Male 55-59	Cornwall AC	3:23:45	3:23:42	
28	172	Ian Trice	Male 45-49	Tavistock AC	3:23:50	3:23:14	
29	243	Sarah Reel	Female Under 35	Falmouth Running Club	3:24:55	3:24:44	
30	435	Paul Sole	Male 40-44	Cornwall AC	3:25:52	3:25:50	
31	276	Kris Ward	Male 45-49	Teignbridge Trotters	3:26:38	3:26:27	
32	100	Tom Carter	Male 40-44	St Austell Athletes Running Club	3:27:09	3:27:02	3:43:16
33	414	Thomas Sopp	Male 45-49	Falmouth Running Club	3:27:17	3:27:05	
34	145	Joanne Robinson	Female 45-49	Looe Pioneers Running Club	3:27:35	3:27:26	
35	366	Luke Attwood	Male Under 35	Tamar Trotters	3:28:19	3:28:11	3:25:12
36	359	Richard Keefe	Male 50-54	Falmouth Running Club	3:28:42	3:28:31	
37	305	Andrew Tucker	Male Under 35		3:29:18	3:29:12	
38	413	Tom Coggins	Male 40-44		3:29:23	3:29:18	
39	383	Chris Chapman	Male 40-44		3:30:19	3:30:10	
40	329	Lucy Williams	Female 35-39	Truro Running Club	3:30:35	3:30:30	3:28:41
41	66	Adam Carlyon	Male 35-39	Truro Running Club	3:31:03	3:30:57	
42	117	Marsh Pullen	Male 40-44		3:31:10	3:30:58	3:39:37
43	483	Joanne Page	Female 35-39	Okehampton RC	3:31:17	3:31:04	
44	252	Scott Abraham	Male 50-54	Hayle Runners	3:31:44	3:31:40	
45	434	Amy Sole	Female 35-39	Cornwall AC	3:34:45	3:34:42	
46	266	James Skeplorn	Male 40-44	Truro Running Club	3:35:11	3:35:07	3:44:31
47	192	Simon Jeffery	Male 35-39		3:37:03	3:36:50	4:14:23

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Pla	Bib	Name	AG	Club	GunTime	ChipTi	ChipTime
48	26	Tim Twiggs	Male 55-59	Hayle Runners	3:37:17	3:37:11	
49	69	Patrick Munn	Male 60-64	East Cornwall Harriers	3:37:36	3:37:26	3:38:48
50	175	Julian Evans	Male 50-54	Falmouth Running Club	3:37:43	3:37:31	
51	124	Ryan Marks	Male Under 35	St Austell Running Club	3:37:50	3:37:41	
52	110	Alan Lea	Male 55-59	Helsby Running Club	3:38:09	3:37:32	
53	458	Tim McEvoy	Male 45-49	FTP Racing	3:38:42	3:38:23	
54	448	Carly Kendall	Female 35-39	St Austell Athletes Running Club	3:38:52	3:38:41	
55	391	Quentin	Male 50-54	Bodmin Road Runners	3:39:19	3:39:09	3:53:24
56	200	Roger Hayes	Male 55-59	Teignbridge Trotters	3:39:58	3:39:47	
57	277	Mark Foster	Male 50-54		3:40:42	3:40:30	4:25:40
58	322	Mark Williams	Male 55-59	Hayle Runners	3:41:35	3:41:30	
59	33	Liam O'Neill	Male 35-39	Hayle Runners	3:41:49	3:41:43	3:39:33
60	475	Jonathan Berridge	Male 50-54	Truro Running Club	3:43:01	3:42:57	3:53:21
61	287	Robert Chirgwin	Male 35-39	Truro Running Club	3:43:01	3:42:43	
62	225	Roger Voaden	Male 55-59	100 Marathon Club	3:43:17	3:43:08	3:18:16
63	364	Matt Harries	Male 35-39	Tamar Trotters	3:43:30	3:43:22	
64	339	Kevin Marshall	Male 55-59	Launceston Road Runners	3:43:42	3:43:16	3:36:26
65	315	Ayesha Gillespie	Female Under 35	Tamar Trotters	3:43:43	3:43:35	
66	485	Robert Taylor	Male Under 35	Tri Logic Cornwall	3:43:43	3:42:48	3:53:39
67	428	Jamie Goodhead	Male 50-54	Burgess Hill Runners	3:44:01	3:43:54	
68	174	Melissa Nicholas	Female Under 35	Hayle Runners	3:45:09	3:45:04	
69	417	Amy Harrington	Female Under 35	Truro Running Club	3:45:20	3:44:42	
70	412	Adam Roberts	Male 35-39	South West Road Runners	3:45:30	3:44:58	
71	93	Jacki Woon	Female 60-64	Teignbridge Trotters	3:45:33	3:45:24	
72	220	Emma Langstaff	Female 45-49	Looe Pioneers Running Club	3:46:54	3:46:35	3:42:49
73	455	Jiri Kempny	Male 50-54	Vegan Runners UK	3:47:28	3:47:20	3:44:46
74	344	Simon Hambury	Male 45-49	Falmouth Running Club	3:47:52	3:47:14	
75	419	Will Halsey	Male Under 35		3:48:32	3:48:29	
76	451	Matthew Grzenda	Male 45-49	Plymouth Musketeers Running	3:48:51	3:48:16	
77	386	James Sampson	Male Under 35		3:49:03	3:48:38	
78	466	Mark Pike	Male 50-54	100 Marathon Club	3:49:44	3:49:39	
79	18	Kirsty Medlock	Female 40-44	Hayle Runners	3:49:57	3:49:51	
80	199	Mark Thomas	Male 50-54	Truro Running Club	3:49:58	3:49:54	
81	288	Lucy Longbottom	Female Under 35	Truro Running Club	3:51:06	3:51:03	
82	444	Dale Staff	Male 45-49	Looe Pioneers Running Club	3:51:07	3:50:48	3:54:07
83	71	Mark Grassam	Male 50-54	Looe Pioneers Running Club	3:51:09	3:50:48	
84	96	Matthew	Male Under 35		3:51:13	3:50:17	4:29:04
85	203	Danny O'Shea	Male 45-49	Truro Running Club	3:51:27	3:50:57	
86	373	Sarah Burns	Female 40-44	Frome Running Club	3:52:02	3:51:25	
87	88	Debbie Elphick	Female 35-39	Teignbridge Trotters	3:52:04	3:51:54	
88	156	Soozie Trice	Female 45-49	Tavistock AC	3:52:13	3:51:38	3:48:59
89	235	Richard Kell	Male 50-54	Newquay Road Runners	3:52:27	3:52:13	
90	189	Summer Runner	Female 40-44	Storm Plymouth	3:52:40	3:52:03	
91	353	Helen Mitchell	Female 55-59	Truro Running Club	3:52:59	3:52:21	
92	89	Mandy Wheeler	Female 50-54	Teignbridge Trotters	3:53:25	3:53:16	
93	217	Mark Evans	Male 60-64		3:53:26	3:52:32	3:43:51
94	165	Richard Wintle	Male 45-49		3:54:09	3:53:54	
95	247	Mandy Gibson	Female 45-49	Looe Pioneers Running Club	3:55:03	3:54:40	

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96	228	Mike Davies	Male 45-49	Okehampton RC	3:55:35	3:55:05	
97	421	Andy Chase	Male 35-39	St Austell Athletes Running Club	3:55:39	3:55:31	3:56:57
98	22	Gail Hartill	Female 45-49	Bodmin Road Runners	3:55:47	3:55:29	3:44:49
99	337	Steve Cox	Male 50-54	Launceston Road Runners	3:56:10	3:55:31	3:57:35
100	396	Edward Slade	Male 40-44		3:56:15	3:55:47	
101	407	Glenn Wilson	Male 50-54	St Austell Running Club	3:56:31	3:56:16	
102	229	Jamie Bird	Male 55-59	100 Marathon Club	3:56:47	3:56:40	3:58:02
103	234	Will Timberlake	Male Under 35		3:56:47	3:56:44	
104	425	Charlie	Female 35-39		3:57:59	3:57:42	
105	190	Thomas Moore	Male 40-44	Truro Running Club	3:58:19	3:58:14	
106	450	Daniel McFarlane	Male 35-39	Yeovil Town RRC	3:58:47	3:58:25	3:43:31
107	390	Steve Harding	Male 35-39	Tamar Trail Runners	3:59:37	3:59:29	
108	461	Joanne Plumbley	Female 45-49	Thornbury Running Club	3:59:57	3:59:30	4:19:10
109	127	Bruce Carey	Male Under 35	Newquay Road Runners	4:00:34	4:00:03	
110	336	Nick Jane	Male 55-59		4:00:58	4:00:54	
111	296	David Banbury	Male 60-64		4:01:01	4:00:30	
112	479	Ruth Ellis	Female Under 35		4:01:35	4:01:24	
113	178	Ian Savigar	Male 60-64	East Cornwall Harriers	4:01:51	4:01:02	
114	238	Colin Hughes	Male 40-44	Plymouth Musketeers Running	4:03:17	4:03:07	
115	469	Gareth Cann	Male 50-54		4:04:20	4:03:52	
116	269	Ian Sinclair	Male 50-54		4:04:28	4:03:42	
117	297	Michael Counter	Male 55-59	St Austell Running Club	4:04:49	4:04:28	
118	134	Kate Murphy	Female 40-44	St Austell Athletes Running Club	4:05:14	4:04:52	
119	196	Tristan Wilson	Male 40-44		4:05:47	4:05:36	
120	471	Matthew Gauld	Male 45-49		4:06:33	4:06:28	
121	360	Craig Webster	Male 50-54	Newquay Road Runners	4:06:47	4:06:17	
122	438	Sam Turner	Male Under 35		4:07:00	4:06:28	
123	294	David Thomson	Male 60-64		4:07:25	4:06:53	
124	338	Lucy Paull	Female 35-39	Hayle Runners	4:07:34	4:07:27	
125	437	John Sole	Male 40-44	Cornwall AC	4:07:42	4:07:38	
126	183	Lewis Taylor	Male Under 35		4:07:44	4:07:36	
127	470	Wayne Flint	Male 45-49		4:09:02	4:08:05	
128	113	Rosie Davies	Female 35-39		4:09:02	4:09:00	
129	332	Matthew Olczak	Male 40-44	Greenbow Running Club	4:09:18	4:09:05	
130	38	Gary Martin	Male 50-54	Plymouth Musketeers Running	4:10:34	4:10:21	4:38:53
131	224	Robert Standing	Male 50-54	Truro Running Club	4:10:35	4:10:30	3:29:27
132	281	Shane Caughey	Male 35-39	East Cornwall Harriers	4:11:53	4:10:59	
133	454	Lisa White	Female 40-44	Chard RRC	4:11:55	4:11:24	
134	272	George Mahood	Male 40-44		4:12:41	4:11:45	3:54:36
135	271	Rachel Mahood	Female 40-44		4:12:42	4:11:45	3:54:36
136	72	Kate Holcombe	Female 50-54		4:12:42	4:11:45	
137	384	Luke Burrows	Male Under 35		4:13:59	4:13:51	
138	35	Stuart Queen	Male 50-54	Run Venture Running Club	4:14:05	4:13:55	3:50:15
139	361	Kat Darby	Female 35-39		4:14:38	4:14:13	
140	293	Alison Catnach	Female 45-49	Looe Pioneers Running Club	4:14:51	4:14:27	
141	342	Ben Smith	Male 35-39	Tamar Trotters	4:15:02	4:14:42	
142	268	Alex Coad	Male 35-39		4:15:43	4:15:10	
143	313	Gary Allbutt	Male 55-59	Plymouth Musketeers Running	4:15:50	4:15:38	4:05:06

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144	106	Jason Trevenen	Male 50-54	Teignbridge Trotters	4:16:22	4:16:01	
145	8	Nat Dowling	Female 40-44		4:16:28	4:16:05	
146	279	Paul Johnson	Male 35-39	St Austell Running Club	4:16:29	4:16:05	3:42:18
147	398	Jemma Phillis	Female 35-39	Plymstock Road Runners	4:16:54	4:16:38	
148	152	Kirsty Prowse	Female 35-39	Devon & Somerset Fire and	4:16:54	4:16:38	
149	185	Mike Gilbert	Male 35-39	Launceston Road Runners	4:16:56	4:16:30	
150	320	Mitch Acres	Male Under 35	Launceston Road Runners	4:16:56	4:16:30	
151	387	Lyal Schumann	Male 45-49	Newquay Road Runners	4:17:16	4:16:22	3:46:14
152	467	Sharon Daw	Female 55-59	East Cornwall Harriers	4:17:30	4:17:12	4:04:09
153	358	Karina Bowers	Female 40-44	St Austell Running Club	4:18:10	4:17:55	4:10:02
154	67	Craig Vaughnley	Male 50-54	East Cornwall Harriers	4:18:57	4:17:58	4:36:20
155	446	Cheryl Hanns	Female 45-49	East Cornwall Harriers	4:19:17	4:18:32	
156	376	Jon Eldon	Male 60-64	Hayle Runners	4:19:46	4:19:41	3:41:07
157	2	Matt Davies	Male 35-39	East Cornwall Harriers	4:19:55	4:19:03	
158	331	Sally Sleep	Female 40-44		4:20:27	4:19:38	4:24:09
159	239	Kelly Bills	Female 45-49	Hayle Runners	4:20:29	4:20:22	4:20:09
160	267	Chris Murrin	Male 55-59	Exmouth Harriers	4:20:34	4:20:17	
161	368	Costas Flevas	Male 40-44	100 Marathon Club	4:20:59	4:20:42	4:13:20
162	355	Jake Moore	Male 35-39	St Austell Running Club	4:21:06	4:20:43	3:56:45
163	418	Tom Meyers	Male Under 35	Looe Pioneers Running Club	4:21:16	4:20:59	
164	226	David Thomasson	Male 50-54	Bodmin Road Runners	4:21:23	4:20:50	5:25:13
165	169	Brydie Brydie	Female 55-59		4:21:27	4:20:43	
166	372	Stephen Palfrey	Male 55-59		4:21:35	4:21:10	
167	148	Hayley Stacey	Female 40-44	East Cornwall Harriers	4:22:05	4:21:21	
168	54	Christopher	Male 35-39		4:22:32	4:21:38	
169	456	Gavin Banks	Male 40-44	Plumstead Runners	4:23:16	4:22:53	
170	111	Adrian Lea	Male 55-59		4:23:46	4:23:10	
171	371	Michael Tonks	Male Under 35	St Austell Athletes Running Club	4:23:56	4:23:33	
172	52	Liz Trebilcock	Female 55-59	Truro Running Club	4:24:03	4:23:14	4:14:22
173	330	Matt Constance	Male 50-54		4:24:13	4:23:42	
174	375	James Stephens	Male 35-39	St Austell Running Club	4:24:36	4:24:21	
175	197	Grace Halls	Female 40-44		4:24:47	4:24:23	
176	249	Paula Jones	Female 45-49	Calne Running Club	4:25:42	4:25:22	
177	385	Oliver Ward	Male Under 35		4:25:45	4:25:37	
178	180	Neil Rutley	Male 60-64	Teignbridge Trotters	4:25:46	4:25:28	
179	186	Peter Trudgeon	Male 50-54		4:25:57	4:25:16	
180	295	Ashley-Frazer	Male Under 35	Taunton AC	4:25:57	4:25:15	
181	395	Adam Purvis	Male 45-49	East Cornwall Harriers	4:26:00	4:25:07	
182	166	Nicholas Peters	Male Under 35		4:26:04	4:25:17	
183	370	Sarah	Female 35-39	East Cornwall Harriers	4:26:21	4:25:20	4:36:19
184	298	Megan Pitts	Female Under 35	Truro Running Club	4:26:39	4:26:00	
185	214	Tristan Lang	Male 50-54	Truro Running Club	4:26:40	4:26:00	
186	460	Rosina Rowland	Female 60-64	Thornbury RC	4:26:46	4:26:19	
187	9	Daniel Walton	Male 45-49		4:27:17	4:27:08	
188	462	James Taylor	Male Under 35		4:28:35	4:27:38	
189	341	Phil Gendall	Male 60-64		4:28:39	4:27:57	
190	323	Nicholas Slemon	Male 50-54	Callington Running Group	4:28:58	4:28:13	
191	468	Craig MacAlpine	Male 50-54	Erme Valley Harriers	4:29:02	4:28:38	

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192	424	Josh Turner	Male 35-39	East Cornwall Harriers	4:29:03	4:28:02	
193	374	Victoria	Female 35-39	East Cornwall Harriers	4:29:04	4:28:03	
194	382	Jeanette	Female 50-54	Greenbow Running Club	4:29:28	4:29:18	4:03:41
195	160	Sally Crabb	Female 45-49	Looe Pioneers Running Club	4:29:37	4:29:12	4:14:20
196	128	Gareth Hawcroft	Male 45-49	Plymouth Musketeers Running	4:29:51	4:29:39	4:37:04
197	262	John Sudell	Male 65-69	East Cornwall Harriers	4:29:54	4:29:01	4:38:01
198	107	Derek Skinner	Male 60-64	Teignbridge Trotters	4:29:56	4:29:39	
199	13	Matthew Mercer	Male 45-49		4:30:03	4:29:23	
200	362	Noah Semonin	Male Under 35		4:30:26	4:29:56	
201	354	Hannah Ward	Female 45-49	St Austell Athletes Running Club	4:30:26	4:29:56	
202	209	Anna Gough	Female 45-49	St Austell Athletes Running Club	4:30:33	4:30:16	
203	453	Bernard Genge	Male 60-64	Chard RRC	4:32:35	4:32:03	
204	141	Tracey Cullerton	Female 50-54	Plymouth Musketeers Running	4:33:00	4:32:45	
205	480	Alan Burns	Male 45-49	South West Road Runners	4:33:58	4:33:01	
206	195	Mawgan Preece	Male Under 35		4:34:17	4:33:43	
207	290	Tess Palmer	Female Under 35		4:34:42	4:34:24	
208	177	Sophie Court	Female 35-39		4:34:56	4:34:18	
209	481	Elliott Watts	Male 40-44	Poo In My Shoe	4:35:03	4:34:25	
210	482	Ben Watts	Male 45-49	Poo In My Shoe	4:35:03	4:34:26	
211	334	Martin Morgan	Male 65-69	Bodmin Road Runners	4:35:56	4:35:21	
212	150	Luke Fleming	Male Under 35		4:37:21	4:36:51	
213	28	Mike Saunders	Male 35-39	Plymouth Musketeers Running	4:37:51	4:37:36	5:31:08
214	27	James Newman	Male Under 35	Plymouth Musketeers Running	4:37:53	4:37:37	5:31:07
215	210	David Bird	Male 65-69	100 Marathon Club	4:38:26	4:37:17	5:34:21
216	115	Joanna Randall	Female 35-39	Teignbridge Trotters	4:39:05	4:38:36	
217	114	Martin Randall	Male 35-39	Teignbridge Trotters	4:39:05	4:38:36	3:50:04
218	103	Karen Markus	Female 45-49	Plymstock Road Runners	4:39:22	4:39:09	
219	347	Frank Mcdermott	Male 40-44		4:39:47	4:39:34	
220	56	Emma Challis	Female 50-54	Cats Protection	4:40:22	4:39:47	4:29:15
221	327	Jane Stephens	Female 55-59	Bodmin Road Runners	4:40:32	4:39:57	
222	394	Iain Walker	Male 65-69	St Austell Running Club	4:40:47	4:40:25	4:00:42
223	405	Richard Flint	Male 55-59		4:40:51	4:39:59	
224	101	David Speake	Male 50-54	St Austell Running Club	4:41:04	4:40:42	
225	21	Chloe Anderson	Female Under 35	Plymouth Musketeers Running	4:41:09	4:40:44	
226	95	Erynn Palmer	Female Under 35	Plymouth Musketeers Running	4:41:09	4:40:44	
227	40	Stuart Riley	Male 50-54	Plymouth Musketeers Running	4:41:29	4:41:04	5:00:44
228	140	Mark Simpson	Male 35-39	Launceston Road Runners	4:41:55	4:41:29	
229	250	Nick Matthews	Male Under 35		4:42:15	4:41:24	4:20:31
230	154	Ross Buscombe	Male 35-39	St Austell Running Club	4:44:27	4:44:05	
231	326	Theo Macleod	Male Under 35		4:44:46	4:44:05	
232	63	Sarah-Jane	Female 50-54	Plymouth Musketeers Running	4:44:55	4:44:41	
233	62	Mark Sinclair	Male 55-59	Plymouth Musketeers Running	4:44:55	4:44:41	
234	184	James Nicholls	Male 55-59		4:45:14	4:45:05	
235	463	Danielle Blackie	Female 35-39		4:46:26	4:45:20	
236	240	Angela	Female 65-69	Launceston Road Runners	4:46:46	4:46:01	
237	259	Nik Brown	Male 65-69		4:47:03	4:46:16	
238	242	Gill Aze-Thomas	Female 50-54	Launceston Road Runners	4:47:42	4:46:59	4:57:00
239	207	Thomas Verdon	Male Under 35		4:47:55	4:46:57	

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Overall Results

Pla	Bib	Name	AG	Club	GunTime	ChipTi	ChipTime
240	176	Barrie Christian	Male 55-59	Plymouth Musketeers Running	4:48:12	4:47:57	
241	173	Joseph Stanford	Male 45-49	Hayle Runners	4:48:29	4:47:52	
242	187	John Curtis	Male 55-59	Yeovil Town RRC	4:48:36	4:48:10	
243	402	Jenny Mills	Female 70-74	Launceston Road Runners	4:48:55	4:48:35	4:16:05
244	426	Alison O'Hora	Female 35-39	East Cornwall Harriers	4:49:19	4:48:16	4:36:20
245	79	Simon Bunday	Male 60-64	Haldon Trail Runners	4:49:48	4:49:10	4:40:35
246	3	Parvin Ramchurn	Male 50-54		4:49:50	4:48:52	
247	46	Gail Cory	Female 55-59	East Cornwall Harriers	4:50:30	4:50:07	4:40:48
248	388	Jeremy Slade	Male 55-59	Axe Valley Runners	4:50:39	4:50:02	
249	393	Joanne Barry	Female 45-49	JP Fitness Cornwall	4:50:49	4:49:47	4:53:25
250	317	Steven Walkey	Male 70-74	Falmouth Running Club	4:50:59	4:50:11	
251	241	Pete Higham	Male 60-64	Falmouth Running Club	4:50:59	4:50:11	
252	53	Katie Fowler	Female 35-39		4:52:08	4:51:16	
253	227	Stuart Smith	Male 35-39	Hayle Runners	4:52:13	4:51:46	
254	406	Ash Loftus	Male Under 35		4:52:23	4:52:03	
255	170	Annie Bover	Female 40-44	Bude Rats (Run and Tri)	4:53:01	4:52:12	
256	310	Tom Howard	Male Under 35	Tri Logic Cornwall	4:53:07	4:52:18	5:24:37
257	403	Darren Franklin	Male 55-59		4:54:21	4:53:28	
258	380	Helen Abel	Female 40-44		4:54:22	4:53:28	
259	129	Sue Pendleton	Female 40-44	Callington Running Group	4:54:23	4:53:34	
260	381	Lisa Webb	Female 45-49	East Cornwall Harriers	4:55:12	4:54:11	
261	86	Shaz Sharples	Female 55-59	Teignbridge Trotters	4:55:53	4:55:20	
262	87	Paul Sharples	Male 65-69	Teignbridge Trotters	4:55:53	4:55:20	
263	194	Ingrid Ayres	Female 45-49		4:55:54	4:55:30	
264	465	Philip Hall	Male 65-69	Falmouth Running Club	4:56:49	4:56:01	
265	155	Eoin Stockdale	Male 50-54	Carn Runners	4:56:50	4:56:12	4:46:44
266	163	Sally Martin	Female 45-49	Falmouth Running Club	4:57:03	4:56:14	
267	171	William Page	Male Under 35		4:57:36	4:56:40	
268	205	Stephen Amor	Male 50-54	Bodmin Road Runners	4:58:20	4:57:44	5:25:20
269	449	Stephen Warren	Male 55-59	Yeovil Town RRC	4:58:27	4:58:05	
270	43	Peter Allen	Male 65-69	Newquay Road Runners	4:58:30	4:57:47	4:13:48
271	487	Peter Tassart	Male 50-54		4:59:10	4:58:17	
272	222	Laura Millward	Female 60-64	Carn Runners	4:59:59	4:59:24	
273	215	Darren King	Male 45-49		5:00:01	4:59:34	
274	70	Darren	Male 50-54	Tamar Trotters	5:00:05	4:59:45	
275	120	Linda Tout	Female 70-74	Tamar Trotters	5:00:12	4:59:52	
276	112	Alison Williams	Female 50-54	Helsby Running Club	5:00:31	4:59:54	
277	202	Sarah Steed	Female 50-54	East Cornwall Harriers	5:00:38	4:59:36	5:01:10
278	230	Grahame Mace	Male 50-54	Looe Pioneers Running Club	5:00:56	5:00:31	
279	1	James Danks	Male 40-44	Falmouth Running Club	5:01:10	5:00:29	
280	29	Andrew Embury	Male 55-59	Run Venture Running Club	5:01:35	5:00:35	
281	265	Helen Baxter	Female 55-59	Chard RRC	5:01:43	5:01:05	5:30:55
282	45	William Burrows	Male 45-49	Cornwall AC	5:02:51	5:02:01	
283	257	Cathy Willows	Female 55-59	East Cornwall Harriers	5:03:10	5:02:10	
284	392	Neil Ham	Male 55-59	JP Fitness Cornwall	5:03:17	5:02:14	4:56:57
285	301	Elliott Perrin	Male 35-39	Bodmin Road Runners	5:03:29	5:02:53	4:36:42
286	65	Julie Hogan	Female 55-59		5:04:40	5:03:51	5:14:03
287	411	Jon Wells-Hall	Male 35-39		5:06:19	5:05:37	

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Overall Results

Pla	Bib	Name	AG	Club	GunTime	ChipTi	ChipTime
288	30	Andrew Bickle	Male 65-69	Bys Vyken Race Team	5:06:21	5:05:14	5:04:56
289	357	Andrew Sims	Male 55-59	East Cornwall Harriers	5:06:57	5:05:55	
290	85	Andy Crock	Male 65-69		5:07:17	5:06:13	
291	439	Amy Voysey	Female Under 35		5:07:18	5:06:14	4:43:28
292	213	Debbie Jones	Female 55-59	Looe Pioneers Running Club	5:07:22	5:06:57	
293	440	Ray Goodright	Male 75-79	East Cornwall Harriers	5:08:33	5:07:31	
294	422	Paula Bate	Female 50-54	St Austell Athletes Running Club	5:08:40	5:07:49	
295	221	Sarah Barker	Female 40-44	Looe Pioneers Running Club	5:09:19	5:08:51	
296	7	Tanya Trethewey	Female 50-54		5:09:30	5:09:16	
297	10	Christopher Nottle	Male Under 35	Lonely Goat RC	5:09:44	5:09:10	
298	6	Julie Oxenham	Female 50-54	Bodmin Road Runners	5:09:59	5:09:45	4:59:53
299	75	Amanda Newton	Female 45-49	MBT Fitness	5:11:18	5:10:19	
300	51	David Wilcox	Male 45-49	Truro Running Club	5:11:39	5:10:59	5:06:19
301	198	Hannah Thomas	Female 45-49	Truro Running Club	5:12:22	5:11:43	
302	319	Helen Stevenson	Female 40-44	Bodmin Road Runners	5:13:01	5:12:45	
303	83	Nicola Vosper	Female 60-64	Lonely Goat RC	5:13:01	5:12:44	
304	82	Jane Stedman	Female 60-64	Bodmin Road Runners	5:13:01	5:12:44	4:59:53
305	350	Gemma Vare	Female 35-39		5:13:02	5:12:46	
306	255	Jason Thorns	Male 55-59	Launceston Road Runners	5:13:50	5:13:24	
307	34	Ruth McCalley	Female Under 35	Plymouth Musketeers Running	5:13:56	5:13:41	
308	44	Laura Lake	Female Under 35	Plymouth Musketeers Running	5:13:57	5:13:42	
309	168	Raegan Leather	Female Under 35	Plymouth Musketeers Running	5:13:57	5:13:44	
310	182	Charlie Crocker	Male Under 35		5:14:06	5:13:17	
311	42	Richard Collett	Male 40-44	Hayle Runners	5:15:48	5:15:19	
312	356	Martin Draper	Male 65-69	Quantock Harriers	5:16:23	5:15:16	
313	161	Nicky Brenton	Female 55-59	Bodmin Road Runners	5:17:34	5:17:18	4:59:53
314	254	Steven	Male 50-54		5:17:40	5:16:58	
315	90	James Doolan	Male 50-54		5:18:40	5:17:42	
316	473	John Kinghorn	Male 55-59		5:18:50	5:17:38	
317	251	Kerry Venn	Female 50-54		5:19:00	5:18:47	5:17:22
318	142	Mike Charlwood	Male 45-49	Launceston Road Runners	5:19:33	5:18:59	
319	340	Rob Murr	Male 65-69	Running Forever RC	5:19:43	5:18:47	
320	324	Emma Slemmon	Female 50-54	Callington Running Group	5:20:03	5:19:17	
321	352	Stuart Purcell	Male Under 35	Callington Running Group	5:20:06	5:19:19	
322	37	Frances Osborne	Female 40-44	Callington Running Group	5:20:06	5:19:20	
323	108	Mrs Woollett	Female 50-54		5:20:06	5:19:21	
324	211	Aileen Ware	Female 70-74		5:21:44	5:20:36	
325	260	Debbie Marshall	Female 45-49	St Austell Running Club	5:23:33	5:23:13	
326	261	Nigel Marshall	Male 50-54	St Austell Running Club	5:23:33	5:23:14	
327	245	Nicholas	Male 40-44		5:23:57	5:23:29	
328	204	Julie Rundle	Female 45-49		5:24:30	5:23:39	5:25:22
329	144	Miranda Greer	Female 40-44	St Austell Running Club	5:25:04	5:24:45	
330	389	Emma Earnshaw	Female 60-64	East Cornwall Harriers	5:25:29	5:24:28	
331	427	Tracey Brown	Female 40-44		5:25:29	5:24:28	
332	137	Nina Chell	Female 45-49	Falmouth Running Club	5:25:48	5:25:03	
333	325	Vicki Spooner	Female 40-44		5:25:48	5:25:03	
334	212	Paul Milsom	Male 40-44		5:25:50	5:24:58	
335	445	Petra Franklin	Female 55-59		5:26:56	5:26:02	

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Overall Results

Pla	Bib	Name	AG	Club	GunTime	ChipTi	ChipTime
336	153	Martin Batty	Male 40-44		5:28:40	5:27:50	
337	5	Courtney Bell	Female Under 35	Bodmin Road Runners	5:30:34	5:30:01	
338	291	Elaine Hill	Female 55-59	Launceston Road Runners	5:30:42	5:29:56	
339	233	Trina Bradbury	Female 45-49	Launceston Road Runners	5:30:42	5:29:57	
340	143	Mike Greer	Male 40-44	St Austell Running Club	5:32:54	5:32:33	
341	275	Travis Trice	Male Under 35	Plymouth Musketeers Running	5:33:03	5:32:23	
342	410	Emma Alee	Female 45-49	Plymouth Musketeers Running	5:33:08	5:32:53	5:52:50
343	400	Kay Holland	Female 50-54		5:33:35	5:32:33	
344	16	Lora Medland	Female 35-39		5:33:45	5:33:14	
345	15	Jackie Gay	Female 55-59	Launceston Road Runners	5:33:45	5:33:14	5:17:03
346	216	Miranda Honey	Female 45-49	Bodmin Road Runners	5:34:32	5:33:58	
347	401	Dom Ross	Male 45-49		5:34:32	5:33:58	
348	283	Louise King	Female 55-59	Plymouth Musketeers Running	5:34:45	5:34:01	5:44:25
349	282	Bryan King	Male 70-74	Plymouth Musketeers Running	5:34:48	5:34:05	5:44:26
350	420	Rachael Young	Female 50-54	East Cornwall Harriers	5:34:49	5:34:21	
351	133	Rebecca Fryer	Female 55-59		5:38:47	5:38:04	
352	151	Lisa Nickel	Female 45-49	Bere Alston Trekkers	5:39:27	5:38:27	
353	430	Lorna Mulvihill	Female 35-39	Tamar Trail Runners	5:39:27	5:38:27	
354	431	Sarah Tippett	Female 50-54	Tamar Trail Runners	5:39:27	5:38:28	
355	12	Nikki Pritchard	Female 40-44	East Cornwall Harriers	5:41:17	5:40:15	
356	307	Rebecca Palmer	Female 45-49		5:43:43	5:42:44	
357	236	Claire Herbert	Female 50-54	Plymouth Musketeers Running	5:43:48	5:43:04	
358	306	Ian Ringer	Male 75-79	Bodmin Road Runners	5:43:55	5:42:56	
359	304	Michelle Dunn	Female 35-39	St Austell Running Club	5:44:17	5:43:59	
360	253	Lucy Gooding	Female 35-39	Okehampton RC	5:44:38	5:43:41	
361	24	Vicki Dunn	Female 40-44	Plymouth Musketeers Running	5:45:23	5:44:41	
362	23	Carly Wardle	Female Under 35	Plymouth Musketeers Running	5:45:23	5:44:42	
363	81	Elizabeth	Female 45-49	Plymouth Musketeers Running	5:45:23	5:44:41	
364	104	Nicola Rudgley	Female 50-54	East Cornwall Harriers	5:48:16	5:47:54	
365	244	Lorraine Hawkins	Female 55-59	Launceston Road Runners	5:49:36	5:48:50	
366	318	Robyn Heitzman	Female Under 35		5:51:00	5:50:35	
367	464	Robert Hopkins	Male 50-54	Thornbury Running Club	5:52:41	5:52:14	5:22:44
368	285	Vikki Savage	Female 50-54	Launceston Road Runners	5:55:19	5:54:35	
369	31	Lesley Taphouse	Female 60-64	Bodmin Road Runners	5:55:49	5:54:51	
370	208	Victoria Walton	Female 45-49	Newquay Road Runners	5:55:51	5:54:59	
371	409	Marlene Grobler	Female 40-44	Carn Runners	6:00:16	5:59:39	5:17:20
372	415	Claire Payne	Female 50-54	Carn Runners	6:00:55	6:00:18	
373	20	Lucy McCormick	Female 35-39		6:04:04	6:02:56	
374	17	Daniel Bignell	Male 35-39	100 Marathon Club	6:04:05	6:02:55	5:15:20
375	91	Julie Bolitho	Female 55-59	Hayle Runners	6:05:26	6:04:24	6:07:03
376	105	Lynne Thumpston	Female 60-64	100 Marathon Club	6:13:28	6:12:20	
377	58	Tara Rufus	Female 50-54	100 Marathon Club	6:13:28	6:12:19	
378	328	Tim Partridge	Male 55-59		6:19:25	6:18:20	6:03:32
379	343	Emily Rose	Female Under 35		6:22:20	6:21:28	
380	273	Rose Day	Female Under 35		6:27:46	6:27:25	
381	274	Tom Simpson	Male Under 35		6:27:47	6:27:25	
382	123	Courtney Marks	Female Under 35	St Austell Running Club	6:33:50	6:33:32	
383	179	Ben Harding	Male 40-44	East Cornwall Harriers	6:33:53	6:32:40	

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