

Senior Code of Conduct

Welcome to East Cornwall Harriers.

We are delighted you have chosen to join the club and we look forward to supporting you with your running. To ensure your safety and that of others within the club we have a club code of conduct, specific to senior runners, that you must agree to if you wish to participate within coach-led sessions.

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Club Welfare Officer (CWO)

If you have any concerns regarding the safeguarding of any member of East Cornwall Harriers you must share this, without delay, with the club welfare officer – David Hannah drhannah316@gmail.com



As an East Cornwall Harrier, I will respect the code of conduct and I will:

- abide by the UKA and the HCAF Child Safeguarding Policy and Child Safeguarding Procedures
- abide by the UKA and the HCAF Adult Safeguarding Policy and Adult Safeguarding Procedures
- respect the rights of every athlete, coach, leader, technical official and others involved in athletics and treat everyone equitably
- participate within the rules of the sport, respect decisions of coaches, leaders and officials, and demonstrate respect towards fellow athletes
- cooperate fully with others involved in the sport such as coaches, technical officials, team managers, doctors, physiotherapists, sport scientists and representatives of the governing body in my best interests and those of other athletes
- consistently promote positive aspects of the sport and never condone rule violations or the use of prohibited substances
- anticipate and be responsible for my own needs, including being organised, having the appropriate equipment and being on time
- inform my coach of any other coaching that I am seeking or receiving
- act with dignity and display courtesy and good manners towards others
- in no way undermine, put down or belittle other athletes, coaches or practitioners
- avoid swearing and abusive language whilst in athletic venues, at club functions and events, or when as part of a team/ squad
- never engage in any inappropriate or illegal behaviour
- challenge and report inappropriate behaviour and language by others
- not misuse or abuse sporting equipment and venues
- not carry or consume alcohol or illegal substances while training or competing in athletics
- maintain strict boundaries between friendship and intimacy with a coach, leader or official
- use safe transport or travel arrangements
- act ethically, professionally and with integrity, and take responsibility for your actions.
- I recognise that I am bound by the UKA Anti-Doping Regulations, and submit to the authority of UK Anti-Doping in the application and enforcement of the Anti-Doping Rules. UK Anti-Doping Rules apply to all member participating in athletics for a minimum of 12 months from the commencement of membership whether or not the member is a citizen of, or resident in, the UK

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I understand that if I do not follow the code, action can be taken by my club and I may:

- be asked to apologise for my behaviour
- receive a verbal warning from my coach
- receive a verbal or written warning from the club committee
- be suspended from attending club training sessions
- be suspended or required to leave the club.