

# Cornish Marathon - 2023

## Overall Results

| Pla                            | Bib | Name            | AG              | Club                             | GunTime | ChipTi  | ChipTime |
|--------------------------------|-----|-----------------|-----------------|----------------------------------|---------|---------|----------|
| <b>Cornish Marathon - 2023</b> |     |                 |                 |                                  |         |         |          |
| 1                              | 457 | Tom Morton      | Male Under 35   | Mile High                        | 2:44:29 | 2:44:28 |          |
| 2                              | 379 | Simon Morse     | Male 35-39      | East Cornwall Harriers           | 2:49:01 | 2:49:00 | 2:55:44  |
| 3                              | 302 | Steve Reynolds  | Male 35-39      | Truro Running Club               | 2:49:35 | 2:49:35 | 2:44:59  |
| 4                              | 486 | Neil Hutchison  | Male 35-39      | Worthing & District Harriers     | 2:51:08 | 2:51:07 |          |
| 5                              | 478 | Ryan Liquorish  | Male Under 35   |                                  | 2:55:35 | 2:55:33 |          |
| 6                              | 60  | Jacob Gardner   | Male Under 35   | Hayle Runners                    | 2:57:27 | 2:57:25 |          |
| 7                              | 348 | Alex Marples    | Male 45-49      | Truro Running Club               | 2:58:06 | 2:58:05 | 2:54:07  |
| 8                              | 258 | Neil Hayhurst   | Male 40-44      | Hayle Runners                    | 2:59:39 | 2:59:37 | 2:53:18  |
| 9                              | 231 | Bradley Parsons | Male Under 35   | St Austell Running Club          | 3:02:39 | 3:02:36 | 3:29:40  |
| 10                             | 397 | Oliver Jones    | Male 50-54      | East Cornwall Harriers           | 3:07:06 | 3:06:58 |          |
| 11                             | 167 | Stephen Fuller  | Male 55-59      | Hayle Runners                    | 3:07:35 | 3:07:31 | 3:09:09  |
| 12                             | 138 | James Cutlan    | Male 35-39      | Cornwall AC                      | 3:08:23 | 3:08:21 |          |
| 13                             | 264 | Joseph Thomson  | Male 35-39      | Launceston Road Runners          | 3:10:07 | 3:10:01 | 3:53:25  |
| 14                             | 278 | Darren Evans    | Male 40-44      | Launceston Road Runners          | 3:13:11 | 3:13:08 |          |
| 15                             | 369 | Wayne Sara      | Male 40-44      | Falmouth Running Club            | 3:13:46 | 3:13:34 |          |
| 16                             | 367 | John Hatchell   | Male 45-49      |                                  | 3:15:18 | 3:15:09 |          |
| 17                             | 270 | Callum Pinch    | Male Under 35   | Truro Running Club               | 3:16:24 | 3:16:22 | 3:37:50  |
| 18                             | 237 | Lee Herbert     | Male 45-49      | Plymouth Musketeers Running      | 3:16:39 | 3:16:34 |          |
| 19                             | 452 | Rick Nicholls   | Male Under 35   | Bodmin Road Runners              | 3:17:44 | 3:17:42 |          |
| 20                             | 164 | Callum Waldie   | Male Under 35   | Truro Running Club               | 3:18:40 | 3:18:37 |          |
| 21                             | 442 | Tim van Berkel  | Male 35-39      | Truro Running Club               | 3:20:31 | 3:20:26 | 3:28:42  |
| 22                             | 181 | Josh Tiffin     | Male Under 35   | Rugby & Northampton AC           | 3:20:35 | 3:20:30 |          |
| 23                             | 363 | Logan Jory      | Male Under 35   |                                  | 3:21:41 | 3:21:35 |          |
| 24                             | 162 | Tom Packer      | Male 40-44      | Exmouth Harriers                 | 3:21:50 | 3:21:47 |          |
| 25                             | 321 | Robert Smith    | Male Under 35   |                                  | 3:23:27 | 3:23:26 |          |
| 26                             | 188 | Matt Fox        | Male Under 35   | Falmouth Running Club            | 3:23:33 | 3:23:23 | 3:49:09  |
| 27                             | 80  | Darrin Porter   | Male 55-59      | Cornwall AC                      | 3:23:45 | 3:23:42 |          |
| 28                             | 172 | Ian Trice       | Male 45-49      | Tavistock AC                     | 3:23:50 | 3:23:14 |          |
| 29                             | 243 | Sarah Reel      | Female Under 35 | Falmouth Running Club            | 3:24:55 | 3:24:44 |          |
| 30                             | 435 | Paul Sole       | Male 40-44      | Cornwall AC                      | 3:25:52 | 3:25:50 |          |
| 31                             | 276 | Kris Ward       | Male 45-49      | Teignbridge Trotters             | 3:26:38 | 3:26:27 |          |
| 32                             | 100 | Tom Carter      | Male 40-44      | St Austell Athletes Running Club | 3:27:09 | 3:27:02 | 3:43:16  |
| 33                             | 414 | Thomas Sopp     | Male 45-49      | Falmouth Running Club            | 3:27:17 | 3:27:05 |          |
| 34                             | 145 | Joanne Robinson | Female 45-49    | Looe Pioneers Running Club       | 3:27:35 | 3:27:26 |          |
| 35                             | 366 | Luke Attwood    | Male Under 35   | Tamar Trotters                   | 3:28:19 | 3:28:11 | 3:25:12  |
| 36                             | 359 | Richard Keefe   | Male 50-54      | Falmouth Running Club            | 3:28:42 | 3:28:31 |          |
| 37                             | 305 | Andrew Tucker   | Male Under 35   |                                  | 3:29:18 | 3:29:12 |          |
| 38                             | 413 | Tom Coggins     | Male 40-44      |                                  | 3:29:23 | 3:29:18 |          |
| 39                             | 383 | Chris Chapman   | Male 40-44      |                                  | 3:30:19 | 3:30:10 |          |
| 40                             | 329 | Lucy Williams   | Female 35-39    | Truro Running Club               | 3:30:35 | 3:30:30 | 3:28:41  |
| 41                             | 66  | Adam Carlyon    | Male 35-39      | Truro Running Club               | 3:31:03 | 3:30:57 |          |
| 42                             | 117 | Marsh Pullen    | Male 40-44      |                                  | 3:31:10 | 3:30:58 | 3:39:37  |
| 43                             | 483 | Joanne Page     | Female 35-39    | Okehampton RC                    | 3:31:17 | 3:31:04 |          |
| 44                             | 252 | Scott Abraham   | Male 50-54      | Hayle Runners                    | 3:31:44 | 3:31:40 |          |
| 45                             | 434 | Amy Sole        | Female 35-39    | Cornwall AC                      | 3:34:45 | 3:34:42 |          |
| 46                             | 266 | James Skeplorn  | Male 40-44      | Truro Running Club               | 3:35:11 | 3:35:07 | 3:44:31  |
| 47                             | 192 | Simon Jeffery   | Male 35-39      |                                  | 3:37:03 | 3:36:50 | 4:14:23  |

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## Overall Results

| Pla | Bib | Name              | AG              | Club                             | GunTime | ChipTi  | ChipTime |
|-----|-----|-------------------|-----------------|----------------------------------|---------|---------|----------|
| 48  | 26  | Tim Twiggs        | Male 55-59      | Hayle Runners                    | 3:37:17 | 3:37:11 |          |
| 49  | 69  | Patrick Munn      | Male 60-64      | East Cornwall Harriers           | 3:37:36 | 3:37:26 | 3:38:48  |
| 50  | 175 | Julian Evans      | Male 50-54      | Falmouth Running Club            | 3:37:43 | 3:37:31 |          |
| 51  | 124 | Ryan Marks        | Male Under 35   | St Austell Running Club          | 3:37:50 | 3:37:41 |          |
| 52  | 110 | Alan Lea          | Male 55-59      | Helsby Running Club              | 3:38:09 | 3:37:32 |          |
| 53  | 458 | Tim McEvoy        | Male 45-49      | FTP Racing                       | 3:38:42 | 3:38:23 |          |
| 54  | 448 | Carly Kendall     | Female 35-39    | St Austell Athletes Running Club | 3:38:52 | 3:38:41 |          |
| 55  | 391 | Quentin           | Male 50-54      | Bodmin Road Runners              | 3:39:19 | 3:39:09 | 3:53:24  |
| 56  | 200 | Roger Hayes       | Male 55-59      | Teignbridge Trotters             | 3:39:58 | 3:39:47 |          |
| 57  | 277 | Mark Foster       | Male 50-54      |                                  | 3:40:42 | 3:40:30 | 4:25:40  |
| 58  | 322 | Mark Williams     | Male 55-59      | Hayle Runners                    | 3:41:35 | 3:41:30 |          |
| 59  | 33  | Liam O'Neill      | Male 35-39      | Hayle Runners                    | 3:41:49 | 3:41:43 | 3:39:33  |
| 60  | 475 | Jonathan Berridge | Male 50-54      | Truro Running Club               | 3:43:01 | 3:42:57 | 3:53:21  |
| 61  | 287 | Robert Chirgwin   | Male 35-39      | Truro Running Club               | 3:43:01 | 3:42:43 |          |
| 62  | 225 | Roger Voaden      | Male 55-59      | 100 Marathon Club                | 3:43:17 | 3:43:08 | 3:18:16  |
| 63  | 364 | Matt Harries      | Male 35-39      | Tamar Trotters                   | 3:43:30 | 3:43:22 |          |
| 64  | 339 | Kevin Marshall    | Male 55-59      | Launceston Road Runners          | 3:43:42 | 3:43:16 | 3:36:26  |
| 65  | 315 | Ayesha Gillespie  | Female Under 35 | Tamar Trotters                   | 3:43:43 | 3:43:35 |          |
| 66  | 485 | Robert Taylor     | Male Under 35   | Tri Logic Cornwall               | 3:43:43 | 3:42:48 | 3:53:39  |
| 67  | 428 | Jamie Goodhead    | Male 50-54      | Burgess Hill Runners             | 3:44:01 | 3:43:54 |          |
| 68  | 174 | Melissa Nicholas  | Female Under 35 | Hayle Runners                    | 3:45:09 | 3:45:04 |          |
| 69  | 417 | Amy Harrington    | Female Under 35 | Truro Running Club               | 3:45:20 | 3:44:42 |          |
| 70  | 412 | Adam Roberts      | Male 35-39      | South West Road Runners          | 3:45:30 | 3:44:58 |          |
| 71  | 93  | Jacki Woon        | Female 60-64    | Teignbridge Trotters             | 3:45:33 | 3:45:24 |          |
| 72  | 220 | Emma Langstaff    | Female 45-49    | Looe Pioneers Running Club       | 3:46:54 | 3:46:35 | 3:42:49  |
| 73  | 455 | Jiri Kempny       | Male 50-54      | Vegan Runners UK                 | 3:47:28 | 3:47:20 | 3:44:46  |
| 74  | 344 | Simon Hambury     | Male 45-49      | Falmouth Running Club            | 3:47:52 | 3:47:14 |          |
| 75  | 419 | Will Halsey       | Male Under 35   |                                  | 3:48:32 | 3:48:29 |          |
| 76  | 451 | Matthew Grzenda   | Male 45-49      | Plymouth Musketeers Running      | 3:48:51 | 3:48:16 |          |
| 77  | 386 | James Sampson     | Male Under 35   |                                  | 3:49:03 | 3:48:38 |          |
| 78  | 466 | Mark Pike         | Male 50-54      | 100 Marathon Club                | 3:49:44 | 3:49:39 |          |
| 79  | 18  | Kirsty Medlock    | Female 40-44    | Hayle Runners                    | 3:49:57 | 3:49:51 |          |
| 80  | 199 | Mark Thomas       | Male 50-54      | Truro Running Club               | 3:49:58 | 3:49:54 |          |
| 81  | 288 | Lucy Longbottom   | Female Under 35 | Truro Running Club               | 3:51:06 | 3:51:03 |          |
| 82  | 444 | Dale Staff        | Male 45-49      | Looe Pioneers Running Club       | 3:51:07 | 3:50:48 | 3:54:07  |
| 83  | 71  | Mark Grassam      | Male 50-54      | Looe Pioneers Running Club       | 3:51:09 | 3:50:48 |          |
| 84  | 96  | Matthew           | Male Under 35   |                                  | 3:51:13 | 3:50:17 | 4:29:04  |
| 85  | 203 | Danny O'Shea      | Male 45-49      | Truro Running Club               | 3:51:27 | 3:50:57 |          |
| 86  | 373 | Sarah Burns       | Female 40-44    | Frome Running Club               | 3:52:02 | 3:51:25 |          |
| 87  | 88  | Debbie Elphick    | Female 35-39    | Teignbridge Trotters             | 3:52:04 | 3:51:54 |          |
| 88  | 156 | Soozie Trice      | Female 45-49    | Tavistock AC                     | 3:52:13 | 3:51:38 | 3:48:59  |
| 89  | 235 | Richard Kell      | Male 50-54      | Newquay Road Runners             | 3:52:27 | 3:52:13 |          |
| 90  | 189 | Summer Runner     | Female 40-44    | Storm Plymouth                   | 3:52:40 | 3:52:03 |          |
| 91  | 353 | Helen Mitchell    | Female 55-59    | Truro Running Club               | 3:52:59 | 3:52:21 |          |
| 92  | 89  | Mandy Wheeler     | Female 50-54    | Teignbridge Trotters             | 3:53:25 | 3:53:16 |          |
| 93  | 217 | Mark Evans        | Male 60-64      |                                  | 3:53:26 | 3:52:32 | 3:43:51  |
| 94  | 165 | Richard Wintle    | Male 45-49      |                                  | 3:54:09 | 3:53:54 |          |
| 95  | 247 | Mandy Gibson      | Female 45-49    | Looe Pioneers Running Club       | 3:55:03 | 3:54:40 |          |

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|-----|-----|------------------|-----------------|----------------------------------|---------|---------|----------|
| 96  | 228 | Mike Davies      | Male 45-49      | Okehampton RC                    | 3:55:35 | 3:55:05 |          |
| 97  | 421 | Andy Chase       | Male 35-39      | St Austell Athletes Running Club | 3:55:39 | 3:55:31 | 3:56:57  |
| 98  | 22  | Gail Hartill     | Female 45-49    | Bodmin Road Runners              | 3:55:47 | 3:55:29 | 3:44:49  |
| 99  | 337 | Steve Cox        | Male 50-54      | Launceston Road Runners          | 3:56:10 | 3:55:31 | 3:57:35  |
| 100 | 396 | Edward Slade     | Male 40-44      |                                  | 3:56:15 | 3:55:47 |          |
| 101 | 407 | Glenn Wilson     | Male 50-54      | St Austell Running Club          | 3:56:31 | 3:56:16 |          |
| 102 | 229 | Jamie Bird       | Male 55-59      | 100 Marathon Club                | 3:56:47 | 3:56:40 | 3:58:02  |
| 103 | 234 | Will Timberlake  | Male Under 35   |                                  | 3:56:47 | 3:56:44 |          |
| 104 | 425 | Charlie          | Female 35-39    |                                  | 3:57:59 | 3:57:42 |          |
| 105 | 190 | Thomas Moore     | Male 40-44      | Truro Running Club               | 3:58:19 | 3:58:14 |          |
| 106 | 450 | Daniel McFarlane | Male 35-39      | Yeovil Town RRC                  | 3:58:47 | 3:58:25 | 3:43:31  |
| 107 | 390 | Steve Harding    | Male 35-39      | Tamar Trail Runners              | 3:59:37 | 3:59:29 |          |
| 108 | 461 | Joanne Plumbley  | Female 45-49    | Thornbury Running Club           | 3:59:57 | 3:59:30 | 4:19:10  |
| 109 | 127 | Bruce Carey      | Male Under 35   | Newquay Road Runners             | 4:00:34 | 4:00:03 |          |
| 110 | 336 | Nick Jane        | Male 55-59      |                                  | 4:00:58 | 4:00:54 |          |
| 111 | 296 | David Banbury    | Male 60-64      |                                  | 4:01:01 | 4:00:30 |          |
| 112 | 479 | Ruth Ellis       | Female Under 35 |                                  | 4:01:35 | 4:01:24 |          |
| 113 | 178 | Ian Savigar      | Male 60-64      | East Cornwall Harriers           | 4:01:51 | 4:01:02 |          |
| 114 | 238 | Colin Hughes     | Male 40-44      | Plymouth Musketeers Running      | 4:03:17 | 4:03:07 |          |
| 115 | 469 | Gareth Cann      | Male 50-54      |                                  | 4:04:20 | 4:03:52 |          |
| 116 | 269 | Ian Sinclair     | Male 50-54      |                                  | 4:04:28 | 4:03:42 |          |
| 117 | 297 | Michael Counter  | Male 55-59      | St Austell Running Club          | 4:04:49 | 4:04:28 |          |
| 118 | 134 | Kate Murphy      | Female 40-44    | St Austell Athletes Running Club | 4:05:14 | 4:04:52 |          |
| 119 | 196 | Tristan Wilson   | Male 40-44      |                                  | 4:05:47 | 4:05:36 |          |
| 120 | 471 | Matthew Gauld    | Male 45-49      |                                  | 4:06:33 | 4:06:28 |          |
| 121 | 360 | Craig Webster    | Male 50-54      | Newquay Road Runners             | 4:06:47 | 4:06:17 |          |
| 122 | 438 | Sam Turner       | Male Under 35   |                                  | 4:07:00 | 4:06:28 |          |
| 123 | 294 | David Thomson    | Male 60-64      |                                  | 4:07:25 | 4:06:53 |          |
| 124 | 338 | Lucy Paull       | Female 35-39    | Hayle Runners                    | 4:07:34 | 4:07:27 |          |
| 125 | 437 | John Sole        | Male 40-44      | Cornwall AC                      | 4:07:42 | 4:07:38 |          |
| 126 | 183 | Lewis Taylor     | Male Under 35   |                                  | 4:07:44 | 4:07:36 |          |
| 127 | 470 | Wayne Flint      | Male 45-49      |                                  | 4:09:02 | 4:08:05 |          |
| 128 | 113 | Rosie Davies     | Female 35-39    |                                  | 4:09:02 | 4:09:00 |          |
| 129 | 332 | Matthew Olczak   | Male 40-44      | Greenbow Running Club            | 4:09:18 | 4:09:05 |          |
| 130 | 38  | Gary Martin      | Male 50-54      | Plymouth Musketeers Running      | 4:10:34 | 4:10:21 | 4:38:53  |
| 131 | 224 | Robert Standing  | Male 50-54      | Truro Running Club               | 4:10:35 | 4:10:30 | 3:29:27  |
| 132 | 281 | Shane Caughey    | Male 35-39      | East Cornwall Harriers           | 4:11:53 | 4:10:59 |          |
| 133 | 454 | Lisa White       | Female 40-44    | Chard RRC                        | 4:11:55 | 4:11:24 |          |
| 134 | 272 | George Mahood    | Male 40-44      |                                  | 4:12:41 | 4:11:45 | 3:54:36  |
| 135 | 271 | Rachel Mahood    | Female 40-44    |                                  | 4:12:42 | 4:11:45 | 3:54:36  |
| 136 | 72  | Kate Holcombe    | Female 50-54    |                                  | 4:12:42 | 4:11:45 |          |
| 137 | 384 | Luke Burrows     | Male Under 35   |                                  | 4:13:59 | 4:13:51 |          |
| 138 | 35  | Stuart Queen     | Male 50-54      | Run Venture Running Club         | 4:14:05 | 4:13:55 | 3:50:15  |
| 139 | 361 | Kat Darby        | Female 35-39    |                                  | 4:14:38 | 4:14:13 |          |
| 140 | 293 | Alison Catnach   | Female 45-49    | Looe Pioneers Running Club       | 4:14:51 | 4:14:27 |          |
| 141 | 342 | Ben Smith        | Male 35-39      | Tamar Trotters                   | 4:15:02 | 4:14:42 |          |
| 142 | 268 | Alex Coad        | Male 35-39      |                                  | 4:15:43 | 4:15:10 |          |
| 143 | 313 | Gary Allbutt     | Male 55-59      | Plymouth Musketeers Running      | 4:15:50 | 4:15:38 | 4:05:06  |

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|-----|-----|-----------------|-----------------|----------------------------------|---------|---------|----------|
| 144 | 106 | Jason Trevenen  | Male 50-54      | Teignbridge Trotters             | 4:16:22 | 4:16:01 |          |
| 145 | 8   | Nat Dowling     | Female 40-44    |                                  | 4:16:28 | 4:16:05 |          |
| 146 | 279 | Paul Johnson    | Male 35-39      | St Austell Running Club          | 4:16:29 | 4:16:05 | 3:42:18  |
| 147 | 398 | Jemma Phillis   | Female 35-39    | Plymstock Road Runners           | 4:16:54 | 4:16:38 |          |
| 148 | 152 | Kirsty Prowse   | Female 35-39    | Devon & Somerset Fire and        | 4:16:54 | 4:16:38 |          |
| 149 | 185 | Mike Gilbert    | Male 35-39      | Launceston Road Runners          | 4:16:56 | 4:16:30 |          |
| 150 | 320 | Mitch Acres     | Male Under 35   | Launceston Road Runners          | 4:16:56 | 4:16:30 |          |
| 151 | 387 | Lyal Schumann   | Male 45-49      | Newquay Road Runners             | 4:17:16 | 4:16:22 | 3:46:14  |
| 152 | 467 | Sharon Daw      | Female 55-59    | East Cornwall Harriers           | 4:17:30 | 4:17:12 | 4:04:09  |
| 153 | 358 | Karina Bowers   | Female 40-44    | St Austell Running Club          | 4:18:10 | 4:17:55 | 4:10:02  |
| 154 | 67  | Craig Vaughnley | Male 50-54      | East Cornwall Harriers           | 4:18:57 | 4:17:58 | 4:36:20  |
| 155 | 446 | Cheryl Hanns    | Female 45-49    | East Cornwall Harriers           | 4:19:17 | 4:18:32 |          |
| 156 | 376 | Jon Eldon       | Male 60-64      | Hayle Runners                    | 4:19:46 | 4:19:41 | 3:41:07  |
| 157 | 2   | Matt Davies     | Male 35-39      | East Cornwall Harriers           | 4:19:55 | 4:19:03 |          |
| 158 | 331 | Sally Sleep     | Female 40-44    |                                  | 4:20:27 | 4:19:38 | 4:24:09  |
| 159 | 239 | Kelly Bills     | Female 45-49    | Hayle Runners                    | 4:20:29 | 4:20:22 | 4:20:09  |
| 160 | 267 | Chris Murrin    | Male 55-59      | Exmouth Harriers                 | 4:20:34 | 4:20:17 |          |
| 161 | 368 | Costas Flevas   | Male 40-44      | 100 Marathon Club                | 4:20:59 | 4:20:42 | 4:13:20  |
| 162 | 355 | Jake Moore      | Male 35-39      | St Austell Running Club          | 4:21:06 | 4:20:43 | 3:56:45  |
| 163 | 418 | Tom Meyers      | Male Under 35   | Looe Pioneers Running Club       | 4:21:16 | 4:20:59 |          |
| 164 | 226 | David Thomasson | Male 50-54      | Bodmin Road Runners              | 4:21:23 | 4:20:50 | 5:25:13  |
| 165 | 169 | Brydie Brydie   | Female 55-59    |                                  | 4:21:27 | 4:20:43 |          |
| 166 | 372 | Stephen Palfrey | Male 55-59      |                                  | 4:21:35 | 4:21:10 |          |
| 167 | 148 | Hayley Stacey   | Female 40-44    | East Cornwall Harriers           | 4:22:05 | 4:21:21 |          |
| 168 | 54  | Christopher     | Male 35-39      |                                  | 4:22:32 | 4:21:38 |          |
| 169 | 456 | Gavin Banks     | Male 40-44      | Plumstead Runners                | 4:23:16 | 4:22:53 |          |
| 170 | 111 | Adrian Lea      | Male 55-59      |                                  | 4:23:46 | 4:23:10 |          |
| 171 | 371 | Michael Tonks   | Male Under 35   | St Austell Athletes Running Club | 4:23:56 | 4:23:33 |          |
| 172 | 52  | Liz Trebilcock  | Female 55-59    | Truro Running Club               | 4:24:03 | 4:23:14 | 4:14:22  |
| 173 | 330 | Matt Constance  | Male 50-54      |                                  | 4:24:13 | 4:23:42 |          |
| 174 | 375 | James Stephens  | Male 35-39      | St Austell Running Club          | 4:24:36 | 4:24:21 |          |
| 175 | 197 | Grace Halls     | Female 40-44    |                                  | 4:24:47 | 4:24:23 |          |
| 176 | 249 | Paula Jones     | Female 45-49    | Calne Running Club               | 4:25:42 | 4:25:22 |          |
| 177 | 385 | Oliver Ward     | Male Under 35   |                                  | 4:25:45 | 4:25:37 |          |
| 178 | 180 | Neil Rutley     | Male 60-64      | Teignbridge Trotters             | 4:25:46 | 4:25:28 |          |
| 179 | 186 | Peter Trudgeon  | Male 50-54      |                                  | 4:25:57 | 4:25:16 |          |
| 180 | 295 | Ashley-Frazer   | Male Under 35   | Taunton AC                       | 4:25:57 | 4:25:15 |          |
| 181 | 395 | Adam Purvis     | Male 45-49      | East Cornwall Harriers           | 4:26:00 | 4:25:07 |          |
| 182 | 166 | Nicholas Peters | Male Under 35   |                                  | 4:26:04 | 4:25:17 |          |
| 183 | 370 | Sarah           | Female 35-39    | East Cornwall Harriers           | 4:26:21 | 4:25:20 | 4:36:19  |
| 184 | 298 | Megan Pitts     | Female Under 35 | Truro Running Club               | 4:26:39 | 4:26:00 |          |
| 185 | 214 | Tristan Lang    | Male 50-54      | Truro Running Club               | 4:26:40 | 4:26:00 |          |
| 186 | 460 | Rosina Rowland  | Female 60-64    | Thornbury RC                     | 4:26:46 | 4:26:19 |          |
| 187 | 9   | Daniel Walton   | Male 45-49      |                                  | 4:27:17 | 4:27:08 |          |
| 188 | 462 | James Taylor    | Male Under 35   |                                  | 4:28:35 | 4:27:38 |          |
| 189 | 341 | Phil Gendall    | Male 60-64      |                                  | 4:28:39 | 4:27:57 |          |
| 190 | 323 | Nicholas Slemon | Male 50-54      | Callington Running Group         | 4:28:58 | 4:28:13 |          |
| 191 | 468 | Craig MacAlpine | Male 50-54      | Erme Valley Harriers             | 4:29:02 | 4:28:38 |          |

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|-----|-----|------------------|-----------------|----------------------------------|---------|---------|----------|
| 192 | 424 | Josh Turner      | Male 35-39      | East Cornwall Harriers           | 4:29:03 | 4:28:02 |          |
| 193 | 374 | Victoria         | Female 35-39    | East Cornwall Harriers           | 4:29:04 | 4:28:03 |          |
| 194 | 382 | Jeanette         | Female 50-54    | Greenbow Running Club            | 4:29:28 | 4:29:18 | 4:03:41  |
| 195 | 160 | Sally Crabb      | Female 45-49    | Looe Pioneers Running Club       | 4:29:37 | 4:29:12 | 4:14:20  |
| 196 | 128 | Gareth Hawcroft  | Male 45-49      | Plymouth Musketeers Running      | 4:29:51 | 4:29:39 | 4:37:04  |
| 197 | 262 | John Sudell      | Male 65-69      | East Cornwall Harriers           | 4:29:54 | 4:29:01 | 4:38:01  |
| 198 | 107 | Derek Skinner    | Male 60-64      | Teignbridge Trotters             | 4:29:56 | 4:29:39 |          |
| 199 | 13  | Matthew Mercer   | Male 45-49      |                                  | 4:30:03 | 4:29:23 |          |
| 200 | 362 | Noah Semonin     | Male Under 35   |                                  | 4:30:26 | 4:29:56 |          |
| 201 | 354 | Hannah Ward      | Female 45-49    | St Austell Athletes Running Club | 4:30:26 | 4:29:56 |          |
| 202 | 209 | Anna Gough       | Female 45-49    | St Austell Athletes Running Club | 4:30:33 | 4:30:16 |          |
| 203 | 453 | Bernard Genge    | Male 60-64      | Chard RRC                        | 4:32:35 | 4:32:03 |          |
| 204 | 141 | Tracey Cullerton | Female 50-54    | Plymouth Musketeers Running      | 4:33:00 | 4:32:45 |          |
| 205 | 480 | Alan Burns       | Male 45-49      | South West Road Runners          | 4:33:58 | 4:33:01 |          |
| 206 | 195 | Mawgan Preece    | Male Under 35   |                                  | 4:34:17 | 4:33:43 |          |
| 207 | 290 | Tess Palmer      | Female Under 35 |                                  | 4:34:42 | 4:34:24 |          |
| 208 | 177 | Sophie Court     | Female 35-39    |                                  | 4:34:56 | 4:34:18 |          |
| 209 | 481 | Elliott Watts    | Male 40-44      | Poo In My Shoe                   | 4:35:03 | 4:34:25 |          |
| 210 | 482 | Ben Watts        | Male 45-49      | Poo In My Shoe                   | 4:35:03 | 4:34:26 |          |
| 211 | 334 | Martin Morgan    | Male 65-69      | Bodmin Road Runners              | 4:35:56 | 4:35:21 |          |
| 212 | 150 | Luke Fleming     | Male Under 35   |                                  | 4:37:21 | 4:36:51 |          |
| 213 | 28  | Mike Saunders    | Male 35-39      | Plymouth Musketeers Running      | 4:37:51 | 4:37:36 | 5:31:08  |
| 214 | 27  | James Newman     | Male Under 35   | Plymouth Musketeers Running      | 4:37:53 | 4:37:37 | 5:31:07  |
| 215 | 210 | David Bird       | Male 65-69      | 100 Marathon Club                | 4:38:26 | 4:37:17 | 5:34:21  |
| 216 | 115 | Joanna Randall   | Female 35-39    | Teignbridge Trotters             | 4:39:05 | 4:38:36 |          |
| 217 | 114 | Martin Randall   | Male 35-39      | Teignbridge Trotters             | 4:39:05 | 4:38:36 | 3:50:04  |
| 218 | 103 | Karen Markus     | Female 45-49    | Plymstock Road Runners           | 4:39:22 | 4:39:09 |          |
| 219 | 347 | Frank Mcdermott  | Male 40-44      |                                  | 4:39:47 | 4:39:34 |          |
| 220 | 56  | Emma Challis     | Female 50-54    | Cats Protection                  | 4:40:22 | 4:39:47 | 4:29:15  |
| 221 | 327 | Jane Stephens    | Female 55-59    | Bodmin Road Runners              | 4:40:32 | 4:39:57 |          |
| 222 | 394 | Iain Walker      | Male 65-69      | St Austell Running Club          | 4:40:47 | 4:40:25 | 4:00:42  |
| 223 | 405 | Richard Flint    | Male 55-59      |                                  | 4:40:51 | 4:39:59 |          |
| 224 | 101 | David Speake     | Male 50-54      | St Austell Running Club          | 4:41:04 | 4:40:42 |          |
| 225 | 21  | Chloe Anderson   | Female Under 35 | Plymouth Musketeers Running      | 4:41:09 | 4:40:44 |          |
| 226 | 95  | Erynn Palmer     | Female Under 35 | Plymouth Musketeers Running      | 4:41:09 | 4:40:44 |          |
| 227 | 40  | Stuart Riley     | Male 50-54      | Plymouth Musketeers Running      | 4:41:29 | 4:41:04 | 5:00:44  |
| 228 | 140 | Mark Simpson     | Male 35-39      | Launceston Road Runners          | 4:41:55 | 4:41:29 |          |
| 229 | 250 | Nick Matthews    | Male Under 35   |                                  | 4:42:15 | 4:41:24 | 4:20:31  |
| 230 | 154 | Ross Buscombe    | Male 35-39      | St Austell Running Club          | 4:44:27 | 4:44:05 |          |
| 231 | 326 | Theo Macleod     | Male Under 35   |                                  | 4:44:46 | 4:44:05 |          |
| 232 | 63  | Sarah-Jane       | Female 50-54    | Plymouth Musketeers Running      | 4:44:55 | 4:44:41 |          |
| 233 | 62  | Mark Sinclair    | Male 55-59      | Plymouth Musketeers Running      | 4:44:55 | 4:44:41 |          |
| 234 | 184 | James Nicholls   | Male 55-59      |                                  | 4:45:14 | 4:45:05 |          |
| 235 | 463 | Danielle Blackie | Female 35-39    |                                  | 4:46:26 | 4:45:20 |          |
| 236 | 240 | Angela           | Female 65-69    | Launceston Road Runners          | 4:46:46 | 4:46:01 |          |
| 237 | 259 | Nik Brown        | Male 65-69      |                                  | 4:47:03 | 4:46:16 |          |
| 238 | 242 | Gill Aze-Thomas  | Female 50-54    | Launceston Road Runners          | 4:47:42 | 4:46:59 | 4:57:00  |
| 239 | 207 | Thomas Verdon    | Male Under 35   |                                  | 4:47:55 | 4:46:57 |          |

# Cornish Marathon - 2023

## Overall Results

| Pla | Bib | Name             | AG            | Club                        | GunTime | ChipTi  | ChipTime |
|-----|-----|------------------|---------------|-----------------------------|---------|---------|----------|
| 240 | 176 | Barrie Christian | Male 55-59    | Plymouth Musketeers Running | 4:48:12 | 4:47:57 |          |
| 241 | 173 | Joseph Stanford  | Male 45-49    | Hayle Runners               | 4:48:29 | 4:47:52 |          |
| 242 | 187 | John Curtis      | Male 55-59    | Yeovil Town RRC             | 4:48:36 | 4:48:10 |          |
| 243 | 402 | Jenny Mills      | Female 70-74  | Launceston Road Runners     | 4:48:55 | 4:48:35 | 4:16:05  |
| 244 | 426 | Alison O'Hora    | Female 35-39  | East Cornwall Harriers      | 4:49:19 | 4:48:16 | 4:36:20  |
| 245 | 79  | Simon Bunday     | Male 60-64    | Haldon Trail Runners        | 4:49:48 | 4:49:10 | 4:40:35  |
| 246 | 3   | Parvin Ramchurn  | Male 50-54    |                             | 4:49:50 | 4:48:52 |          |
| 247 | 46  | Gail Cory        | Female 55-59  | East Cornwall Harriers      | 4:50:30 | 4:50:07 | 4:40:48  |
| 248 | 388 | Jeremy Slade     | Male 55-59    | Axe Valley Runners          | 4:50:39 | 4:50:02 |          |
| 249 | 393 | Joanne Barry     | Female 45-49  | JP Fitness Cornwall         | 4:50:49 | 4:49:47 | 4:53:25  |
| 250 | 317 | Steven Walkey    | Male 70-74    | Falmouth Running Club       | 4:50:59 | 4:50:11 |          |
| 251 | 241 | Pete Higham      | Male 60-64    | Falmouth Running Club       | 4:50:59 | 4:50:11 |          |
| 252 | 53  | Katie Fowler     | Female 35-39  |                             | 4:52:08 | 4:51:16 |          |
| 253 | 227 | Stuart Smith     | Male 35-39    | Hayle Runners               | 4:52:13 | 4:51:46 |          |
| 254 | 406 | Ash Loftus       | Male Under 35 |                             | 4:52:23 | 4:52:03 |          |
| 255 | 170 | Annie Bover      | Female 40-44  | Bude Rats (Run and Tri)     | 4:53:01 | 4:52:12 |          |
| 256 | 310 | Tom Howard       | Male Under 35 | Tri Logic Cornwall          | 4:53:07 | 4:52:18 | 5:24:37  |
| 257 | 403 | Darren Franklin  | Male 55-59    |                             | 4:54:21 | 4:53:28 |          |
| 258 | 380 | Helen Abel       | Female 40-44  |                             | 4:54:22 | 4:53:28 |          |
| 259 | 129 | Sue Pendleton    | Female 40-44  | Callington Running Group    | 4:54:23 | 4:53:34 |          |
| 260 | 381 | Lisa Webb        | Female 45-49  | East Cornwall Harriers      | 4:55:12 | 4:54:11 |          |
| 261 | 86  | Shaz Sharples    | Female 55-59  | Teignbridge Trotters        | 4:55:53 | 4:55:20 |          |
| 262 | 87  | Paul Sharples    | Male 65-69    | Teignbridge Trotters        | 4:55:53 | 4:55:20 |          |
| 263 | 194 | Ingrid Ayres     | Female 45-49  |                             | 4:55:54 | 4:55:30 |          |
| 264 | 465 | Philip Hall      | Male 65-69    | Falmouth Running Club       | 4:56:49 | 4:56:01 |          |
| 265 | 155 | Eoin Stockdale   | Male 50-54    | Carn Runners                | 4:56:50 | 4:56:12 | 4:46:44  |
| 266 | 163 | Sally Martin     | Female 45-49  | Falmouth Running Club       | 4:57:03 | 4:56:14 |          |
| 267 | 171 | William Page     | Male Under 35 |                             | 4:57:36 | 4:56:40 |          |
| 268 | 205 | Stephen Amor     | Male 50-54    | Bodmin Road Runners         | 4:58:20 | 4:57:44 | 5:25:20  |
| 269 | 449 | Stephen Warren   | Male 55-59    | Yeovil Town RRC             | 4:58:27 | 4:58:05 |          |
| 270 | 43  | Peter Allen      | Male 65-69    | Newquay Road Runners        | 4:58:30 | 4:57:47 | 4:13:48  |
| 271 | 487 | Peter Tassart    | Male 50-54    |                             | 4:59:10 | 4:58:17 |          |
| 272 | 222 | Laura Millward   | Female 60-64  | Carn Runners                | 4:59:59 | 4:59:24 |          |
| 273 | 215 | Darren King      | Male 45-49    |                             | 5:00:01 | 4:59:34 |          |
| 274 | 70  | Darren           | Male 50-54    | Tamar Trotters              | 5:00:05 | 4:59:45 |          |
| 275 | 120 | Linda Tout       | Female 70-74  | Tamar Trotters              | 5:00:12 | 4:59:52 |          |
| 276 | 112 | Alison Williams  | Female 50-54  | Helsby Running Club         | 5:00:31 | 4:59:54 |          |
| 277 | 202 | Sarah Steed      | Female 50-54  | East Cornwall Harriers      | 5:00:38 | 4:59:36 | 5:01:10  |
| 278 | 230 | Grahame Mace     | Male 50-54    | Looe Pioneers Running Club  | 5:00:56 | 5:00:31 |          |
| 279 | 1   | James Danks      | Male 40-44    | Falmouth Running Club       | 5:01:10 | 5:00:29 |          |
| 280 | 29  | Andrew Embury    | Male 55-59    | Run Venture Running Club    | 5:01:35 | 5:00:35 |          |
| 281 | 265 | Helen Baxter     | Female 55-59  | Chard RRC                   | 5:01:43 | 5:01:05 | 5:30:55  |
| 282 | 45  | William Burrows  | Male 45-49    | Cornwall AC                 | 5:02:51 | 5:02:01 |          |
| 283 | 257 | Cathy Willows    | Female 55-59  | East Cornwall Harriers      | 5:03:10 | 5:02:10 |          |
| 284 | 392 | Neil Ham         | Male 55-59    | JP Fitness Cornwall         | 5:03:17 | 5:02:14 | 4:56:57  |
| 285 | 301 | Elliott Perrin   | Male 35-39    | Bodmin Road Runners         | 5:03:29 | 5:02:53 | 4:36:42  |
| 286 | 65  | Julie Hogan      | Female 55-59  |                             | 5:04:40 | 5:03:51 | 5:14:03  |
| 287 | 411 | Jon Wells-Hall   | Male 35-39    |                             | 5:06:19 | 5:05:37 |          |

# Cornish Marathon - 2023

## Overall Results

| Pla | Bib | Name               | AG              | Club                             | GunTime | ChipTi  | ChipTime |
|-----|-----|--------------------|-----------------|----------------------------------|---------|---------|----------|
| 288 | 30  | Andrew Bickle      | Male 65-69      | Bys Vyken Race Team              | 5:06:21 | 5:05:14 | 5:04:56  |
| 289 | 357 | Andrew Sims        | Male 55-59      | East Cornwall Harriers           | 5:06:57 | 5:05:55 |          |
| 290 | 85  | Andy Crock         | Male 65-69      |                                  | 5:07:17 | 5:06:13 |          |
| 291 | 439 | Amy Voysey         | Female Under 35 |                                  | 5:07:18 | 5:06:14 | 4:43:28  |
| 292 | 213 | Debbie Jones       | Female 55-59    | Looe Pioneers Running Club       | 5:07:22 | 5:06:57 |          |
| 293 | 440 | Ray Goodright      | Male 75-79      | East Cornwall Harriers           | 5:08:33 | 5:07:31 |          |
| 294 | 422 | Paula Bate         | Female 50-54    | St Austell Athletes Running Club | 5:08:40 | 5:07:49 |          |
| 295 | 221 | Sarah Barker       | Female 40-44    | Looe Pioneers Running Club       | 5:09:19 | 5:08:51 |          |
| 296 | 7   | Tanya Trethewey    | Female 50-54    |                                  | 5:09:30 | 5:09:16 |          |
| 297 | 10  | Christopher Nottle | Male Under 35   | Lonely Goat RC                   | 5:09:44 | 5:09:10 |          |
| 298 | 6   | Julie Oxenham      | Female 50-54    | Bodmin Road Runners              | 5:09:59 | 5:09:45 | 4:59:53  |
| 299 | 75  | Amanda Newton      | Female 45-49    | MBT Fitness                      | 5:11:18 | 5:10:19 |          |
| 300 | 51  | David Wilcox       | Male 45-49      | Truro Running Club               | 5:11:39 | 5:10:59 | 5:06:19  |
| 301 | 198 | Hannah Thomas      | Female 45-49    | Truro Running Club               | 5:12:22 | 5:11:43 |          |
| 302 | 319 | Helen Stevenson    | Female 40-44    | Bodmin Road Runners              | 5:13:01 | 5:12:45 |          |
| 303 | 83  | Nicola Vosper      | Female 60-64    | Lonely Goat RC                   | 5:13:01 | 5:12:44 |          |
| 304 | 82  | Jane Stedman       | Female 60-64    | Bodmin Road Runners              | 5:13:01 | 5:12:44 | 4:59:53  |
| 305 | 350 | Gemma Vare         | Female 35-39    |                                  | 5:13:02 | 5:12:46 |          |
| 306 | 255 | Jason Thorns       | Male 55-59      | Launceston Road Runners          | 5:13:50 | 5:13:24 |          |
| 307 | 34  | Ruth McCalley      | Female Under 35 | Plymouth Musketeers Running      | 5:13:56 | 5:13:41 |          |
| 308 | 44  | Laura Lake         | Female Under 35 | Plymouth Musketeers Running      | 5:13:57 | 5:13:42 |          |
| 309 | 168 | Raegan Leather     | Female Under 35 | Plymouth Musketeers Running      | 5:13:57 | 5:13:44 |          |
| 310 | 182 | Charlie Crocker    | Male Under 35   |                                  | 5:14:06 | 5:13:17 |          |
| 311 | 42  | Richard Collett    | Male 40-44      | Hayle Runners                    | 5:15:48 | 5:15:19 |          |
| 312 | 356 | Martin Draper      | Male 65-69      | Quantock Harriers                | 5:16:23 | 5:15:16 |          |
| 313 | 161 | Nicky Brenton      | Female 55-59    | Bodmin Road Runners              | 5:17:34 | 5:17:18 | 4:59:53  |
| 314 | 254 | Steven             | Male 50-54      |                                  | 5:17:40 | 5:16:58 |          |
| 315 | 90  | James Doolan       | Male 50-54      |                                  | 5:18:40 | 5:17:42 |          |
| 316 | 473 | John Kinghorn      | Male 55-59      |                                  | 5:18:50 | 5:17:38 |          |
| 317 | 251 | Kerry Venn         | Female 50-54    |                                  | 5:19:00 | 5:18:47 | 5:17:22  |
| 318 | 142 | Mike Charlwood     | Male 45-49      | Launceston Road Runners          | 5:19:33 | 5:18:59 |          |
| 319 | 340 | Rob Murr           | Male 65-69      | Running Forever RC               | 5:19:43 | 5:18:47 |          |
| 320 | 324 | Emma Slemmon       | Female 50-54    | Callington Running Group         | 5:20:03 | 5:19:17 |          |
| 321 | 352 | Stuart Purcell     | Male Under 35   | Callington Running Group         | 5:20:06 | 5:19:19 |          |
| 322 | 37  | Frances Osborne    | Female 40-44    | Callington Running Group         | 5:20:06 | 5:19:20 |          |
| 323 | 108 | Mrs Woollett       | Female 50-54    |                                  | 5:20:06 | 5:19:21 |          |
| 324 | 211 | Aileen Ware        | Female 70-74    |                                  | 5:21:44 | 5:20:36 |          |
| 325 | 260 | Debbie Marshall    | Female 45-49    | St Austell Running Club          | 5:23:33 | 5:23:13 |          |
| 326 | 261 | Nigel Marshall     | Male 50-54      | St Austell Running Club          | 5:23:33 | 5:23:14 |          |
| 327 | 245 | Nicholas           | Male 40-44      |                                  | 5:23:57 | 5:23:29 |          |
| 328 | 204 | Julie Rundle       | Female 45-49    |                                  | 5:24:30 | 5:23:39 | 5:25:22  |
| 329 | 144 | Miranda Greer      | Female 40-44    | St Austell Running Club          | 5:25:04 | 5:24:45 |          |
| 330 | 389 | Emma Earnshaw      | Female 60-64    | East Cornwall Harriers           | 5:25:29 | 5:24:28 |          |
| 331 | 427 | Tracey Brown       | Female 40-44    |                                  | 5:25:29 | 5:24:28 |          |
| 332 | 137 | Nina Chell         | Female 45-49    | Falmouth Running Club            | 5:25:48 | 5:25:03 |          |
| 333 | 325 | Vicki Spooner      | Female 40-44    |                                  | 5:25:48 | 5:25:03 |          |
| 334 | 212 | Paul Milsom        | Male 40-44      |                                  | 5:25:50 | 5:24:58 |          |
| 335 | 445 | Petra Franklin     | Female 55-59    |                                  | 5:26:56 | 5:26:02 |          |

# Cornish Marathon - 2023

## Overall Results

| Pla | Bib | Name             | AG              | Club                        | GunTime | ChipTi  | ChipTime |
|-----|-----|------------------|-----------------|-----------------------------|---------|---------|----------|
| 336 | 153 | Martin Batty     | Male 40-44      |                             | 5:28:40 | 5:27:50 |          |
| 337 | 5   | Courtney Bell    | Female Under 35 | Bodmin Road Runners         | 5:30:34 | 5:30:01 |          |
| 338 | 291 | Elaine Hill      | Female 55-59    | Launceston Road Runners     | 5:30:42 | 5:29:56 |          |
| 339 | 233 | Trina Bradbury   | Female 45-49    | Launceston Road Runners     | 5:30:42 | 5:29:57 |          |
| 340 | 143 | Mike Greer       | Male 40-44      | St Austell Running Club     | 5:32:54 | 5:32:33 |          |
| 341 | 275 | Travis Trice     | Male Under 35   | Plymouth Musketeers Running | 5:33:03 | 5:32:23 |          |
| 342 | 410 | Emma Alee        | Female 45-49    | Plymouth Musketeers Running | 5:33:08 | 5:32:53 | 5:52:50  |
| 343 | 400 | Kay Holland      | Female 50-54    |                             | 5:33:35 | 5:32:33 |          |
| 344 | 16  | Lora Medland     | Female 35-39    |                             | 5:33:45 | 5:33:14 |          |
| 345 | 15  | Jackie Gay       | Female 55-59    | Launceston Road Runners     | 5:33:45 | 5:33:14 | 5:17:03  |
| 346 | 216 | Miranda Honey    | Female 45-49    | Bodmin Road Runners         | 5:34:32 | 5:33:58 |          |
| 347 | 401 | Dom Ross         | Male 45-49      |                             | 5:34:32 | 5:33:58 |          |
| 348 | 283 | Louise King      | Female 55-59    | Plymouth Musketeers Running | 5:34:45 | 5:34:01 | 5:44:25  |
| 349 | 282 | Bryan King       | Male 70-74      | Plymouth Musketeers Running | 5:34:48 | 5:34:05 | 5:44:26  |
| 350 | 420 | Rachael Young    | Female 50-54    | East Cornwall Harriers      | 5:34:49 | 5:34:21 |          |
| 351 | 133 | Rebecca Fryer    | Female 55-59    |                             | 5:38:47 | 5:38:04 |          |
| 352 | 151 | Lisa Nickel      | Female 45-49    | Bere Alston Trekkers        | 5:39:27 | 5:38:27 |          |
| 353 | 430 | Lorna Mulvihill  | Female 35-39    | Tamar Trail Runners         | 5:39:27 | 5:38:27 |          |
| 354 | 431 | Sarah Tippett    | Female 50-54    | Tamar Trail Runners         | 5:39:27 | 5:38:28 |          |
| 355 | 12  | Nikki Pritchard  | Female 40-44    | East Cornwall Harriers      | 5:41:17 | 5:40:15 |          |
| 356 | 307 | Rebecca Palmer   | Female 45-49    |                             | 5:43:43 | 5:42:44 |          |
| 357 | 236 | Claire Herbert   | Female 50-54    | Plymouth Musketeers Running | 5:43:48 | 5:43:04 |          |
| 358 | 306 | Ian Ringer       | Male 75-79      | Bodmin Road Runners         | 5:43:55 | 5:42:56 |          |
| 359 | 304 | Michelle Dunn    | Female 35-39    | St Austell Running Club     | 5:44:17 | 5:43:59 |          |
| 360 | 253 | Lucy Gooding     | Female 35-39    | Okehampton RC               | 5:44:38 | 5:43:41 |          |
| 361 | 24  | Vicki Dunn       | Female 40-44    | Plymouth Musketeers Running | 5:45:23 | 5:44:41 |          |
| 362 | 23  | Carly Wardle     | Female Under 35 | Plymouth Musketeers Running | 5:45:23 | 5:44:42 |          |
| 363 | 81  | Elizabeth        | Female 45-49    | Plymouth Musketeers Running | 5:45:23 | 5:44:41 |          |
| 364 | 104 | Nicola Rudgley   | Female 50-54    | East Cornwall Harriers      | 5:48:16 | 5:47:54 |          |
| 365 | 244 | Lorraine Hawkins | Female 55-59    | Launceston Road Runners     | 5:49:36 | 5:48:50 |          |
| 366 | 318 | Robyn Heitzman   | Female Under 35 |                             | 5:51:00 | 5:50:35 |          |
| 367 | 464 | Robert Hopkins   | Male 50-54      | Thornbury Running Club      | 5:52:41 | 5:52:14 | 5:22:44  |
| 368 | 285 | Vikki Savage     | Female 50-54    | Launceston Road Runners     | 5:55:19 | 5:54:35 |          |
| 369 | 31  | Lesley Taphouse  | Female 60-64    | Bodmin Road Runners         | 5:55:49 | 5:54:51 |          |
| 370 | 208 | Victoria Walton  | Female 45-49    | Newquay Road Runners        | 5:55:51 | 5:54:59 |          |
| 371 | 409 | Marlene Grobler  | Female 40-44    | Carn Runners                | 6:00:16 | 5:59:39 | 5:17:20  |
| 372 | 415 | Claire Payne     | Female 50-54    | Carn Runners                | 6:00:55 | 6:00:18 |          |
| 373 | 20  | Lucy McCormick   | Female 35-39    |                             | 6:04:04 | 6:02:56 |          |
| 374 | 17  | Daniel Bignell   | Male 35-39      | 100 Marathon Club           | 6:04:05 | 6:02:55 | 5:15:20  |
| 375 | 91  | Julie Bolitho    | Female 55-59    | Hayle Runners               | 6:05:26 | 6:04:24 | 6:07:03  |
| 376 | 105 | Lynne Thumpston  | Female 60-64    | 100 Marathon Club           | 6:13:28 | 6:12:20 |          |
| 377 | 58  | Tara Rufus       | Female 50-54    | 100 Marathon Club           | 6:13:28 | 6:12:19 |          |
| 378 | 328 | Tim Partridge    | Male 55-59      |                             | 6:19:25 | 6:18:20 | 6:03:32  |
| 379 | 343 | Emily Rose       | Female Under 35 |                             | 6:22:20 | 6:21:28 |          |
| 380 | 273 | Rose Day         | Female Under 35 |                             | 6:27:46 | 6:27:25 |          |
| 381 | 274 | Tom Simpson      | Male Under 35   |                             | 6:27:47 | 6:27:25 |          |
| 382 | 123 | Courtney Marks   | Female Under 35 | St Austell Running Club     | 6:33:50 | 6:33:32 |          |
| 383 | 179 | Ben Harding      | Male 40-44      | East Cornwall Harriers      | 6:33:53 | 6:32:40 |          |



## Cornish Marathon - 2023

### Overall Results

| <b>Pla</b> | <b>Bib Name</b> | <b>AG</b>     | <b>Club</b>                 | <b>GunTime</b> | <b>ChipTi</b> | <b>ChipTime</b> |
|------------|-----------------|---------------|-----------------------------|----------------|---------------|-----------------|
| DNF 25     | Claire Barlow   | Female 45-49  | Bodmin Road Runners         | 4:28:34        | 4:27:35       | 5:23:07         |
| DNF 218    | Sandra Harrison | Female 50-54  |                             | 4:21:49        | 4:20:54       |                 |
| DNF 219    | Shaun Dyer      | Male 45-49    |                             | 4:21:54        | 4:20:58       |                 |
| DNF 280    | Misha Blackney  | Male Under 35 |                             |                |               |                 |
| DNF 423    | Richard Hick    | Male 45-49    | Plymouth Musketeers Running |                |               | 4:11:07         |
| DNF 447    | Francis Vosper  | Male 65-69    | Lonely Goat RC              | 5:13:03        | 5:12:44       |                 |

Number of records: 389